



Sept 7- Dec 2010

# Sports Drop-in Schedules

Sports Drop-in Programs at Henderson Recreation Centre						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Badminton Rent-a-Court</b> 12:15-3:15pm Sept - June		<b>Badminton Rent-a-Court</b> 12:15-3:15pm Sept - June		<b>Badminton Rent-a-Court</b> 12:15-3:15pm Sept - June		<b>Badminton Rent-a-Court</b> 4:15-6:15pm Year-round
	<b>Badminton Social</b> 7-8:30pm Year-round		<b>Badminton Social</b> 7-8:30pm Year-round		<b>Badminton Rent-a-Court</b> 5:45--7:45pm Year-round	
	<b>Advanced Play Badminton</b> 8:40-10:30pm Year-round	<b>Drop-In Table Tennis</b> 7:30-9:30pm Year-round	<b>Advanced Play Badminton</b> 8:40-10:30pm Year-round	<b>Rent-a-Court:</b> may be rented up to one week in advance. Call 250-370-7200 after 8am.		<b>Drop-In Table Tennis</b> 7-9pm Year-round

### Badminton Social (15yrs & up)

Drop-in for a variety of levels from beginner to advanced play. The focus is on fun!

Bring your own racquet - we provide the birdies.

### Advanced Play Badminton (15yrs & up)

For intermediate and advanced level players ready to take their game to the next level.

Please note: Players may determine their own skill level and readiness to participate in advanced-level play.

### Table Tennis (15yrs & up)

A fun, social night, while working on agility, fitness and strategy. Bring your own paddles.

Drop-in included with your  
Recreation Oak Bay Annual Pass

## RENT-A-COURT

**\$11.50 court/per hour**

Courts may be rented up to one week in advance by calling Henderson Recreation Centre at 250-370-7200 after 8am.

### BADMINTON RENT-A-COURT

Monday: 12:15 - 3:15pm

Wednesday: 12:15 - 3:15pm

Friday: 12:15 - 3:15pm

Saturday: 5:45 - 7:45pm

Sunday: 4:15 - 6:15pm

In order to prevent being charged for a booking you do not intend to use, please be sure to cancel at least 4 hours prior to your playing time.

**Soccer:** **Drop-In Soccer at Oak Bay Recreation Centre:** Phone 250-598-4625 on the day you want to play starting at 10am to secure your spot. **Adult Drop-In Soccer:**  
Wednesdays 12-1pm - October 20 - April 27

**Tennis:** **Tennis - 2 Indoor Bubbles (7 courts)** Phone up to 4 days in advance.  
Call 250-598-2665 from 7:30 - 8 am to reserve a court to play BETWEEN 3 and 11:30 pm.  
Call 250-598-2665 from 8 - 8:30 am to reserve a court to play BETWEEN 6:30 am and 3 pm.

**Golf:** HendersonPark Par 3 Golf course  
open daily March - November  
Call 250-370-7200 for information

**More:** See the individual schedules for skating, swimming, aquafit, fitness drop-in classes or visit [www.recreation.oakbay.ca](http://www.recreation.oakbay.ca)

BE SURE TO PICK UP YOUR  
RECREATION OAK BAY  
PROGRAM GUIDES.  
AVAILABLE NOW!



Oak Bay Recreation Centre  
1975 Bee Street  
**250-595-SWIM**

Henderson Centre  
2291 Cedar Hill X Road  
**250-370-7200**

[www.recreation.oakbay.ca](http://www.recreation.oakbay.ca)