

preschool programs

KINDERGYM DROP-IN

Join us for an exciting morning of exploring with ride on toys, balls, hoops, slides, mats and a Bouncy Castle. Parent participation is required. Please call 250-412-8500 after 7am to reserve your spot on the day of interest. Cost is \$2.75 per child per session.

Mon/Tue	10:30AM-12:00PM
Fri (April-June only)	10:30AM-11:30AM
Sat	10:00AM-11:00AM
Sat	11:00AM-12:00PM

Esquimalt Recreation Centre

DANCE

Tiny Dancers (3-4yrs)

Children love to dance and dream. In an atmosphere of encouragement and imagination, your little dancer will be gently introduced to some very basic ballet movements and creative dance techniques.

29602 Thu	Apr 15-Jun 17	11:30AM-12:00PM
29604 Sat	Apr 17-Jun 26	11:15AM-11:45AM

Esquimalt Recreation Centre \$40/10
Instructor: Allegro Dance Studio

Tiny Tappers (3-5yrs)

Does your little dancer love to make music with his or her feet? Basic tap steps, action songs, singing and rhythm will keep these dancers moving and on their toes. Please wear tap shoes or hard sole party shoes.

29607 Thu	Apr 15-Jun 17	10:45AM-11:15AM
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Esquimalt Recreation Centre \$40/10
Instructor: Allegro Dance Studio



MUSIC

Music Sampler (4-6yrs)

Children learn the basics of piano, ukulele and simple percussion in a fun group setting. There will be group activities and play along CD's. Each week a new instrumental family will be introduced - strings, woodwind, brass, percussion, keyboard and guitar.

Free Demo Class

29632 Thu	Apr 8	3:45PM-4:15PM
		FREE
29630 Thu	Apr 15-Jun 3	3:45PM-4:15PM
		\$56/8

Esquimalt Recreation Centre

PJ's Piano for Preschoolers (2.5-5yrs)

Make your child's first piano lessons fun! This is a creative class for both parent and child. Children will learn to find notes and play a song by the end of the course. They will also be taught to read music, play by ear and compose their own songs.

Free Demo Class

29628 Sat	Apr 10	12:30PM-1:00PM
		FREE
29629 Sat	Apr 17-Jun 5	12:30PM-1:00PM
		\$68/8

Esquimalt Recreation Centre
Instructor: Pam, PJ Music Studios

SPORTS

Tae Kwon Do (4-5yrs)

Nel's Style Tae Kwon Do will enable you to achieve physical, mental and emotional success while having fun and gaining self confidence. Nels Silva is a world certified Master Instructor and world champion medalist.

Tue/Thu	Apr-Aug	5:30PM-6:15PM
Tue/Thu	Apr-Aug	6:30PM-7:15PM
		\$56/month or \$50/4mth
Sat	Apr-Aug	1:45PM-2:15PM
		\$35/mnth

Esquimalt Recreation Centre

World Cup Soccer Tykes (4-5yrs)

Wee ones will have fun with the aid of national level coach as they learn dribbling, passing, scoring, juggling and game rules. Focus of this course is fun!

29538 Wed	Apr 7-May 26	3:15PM-4:00PM
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Esquimalt Recreation Centre \$55/8

Summer Camp Programs

see Page 16



Sportball Junior (16mth-2yrs)

Be part of your child's achievements. Parents/grandparents are guided through activities using the award-winning Sportball curriculum. Classes are conducted once/week in 45-minute sessions. These programs develop important gross-motor skills and help parents understand proven teaching techniques.

29566 Sun	Apr 11-Jun 20	12:00PM-12:45PM
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Esquimalt Recreation Centre \$130/10

Sportball Soccer Parent & Tot (2-3.5yrs)

Develop skills and learn new techniques focusing on soccer, and including other activities. Non-competitive programs promoting confidence, self esteem and teamwork for those kids looking for fun, not competition. Cool jersey included, parent participation required.

2-3yrs

29559 Tue	Apr 13-Jun 15	5:15PM-6:00PM
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Bullen Park \$130/10

2-3.5yrs

30165 Thu	Jul 8-Sep 2	5:15PM-6:00PM
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Bullen Park \$146*/9

*Fee includes ball and jersey.

Sportball Parent & Tot (2-3.5yrs)

This 45-minute program is a perfect introduction to Sportball. Children and parents participate in sports, creative games, songs, rhymes, stories, bubble time and much more! Although these programs focus more on exploration, children will be introduced to a different sport each week. Parents are encouraged to participate with their child and challenge them according to their skill level. This is a Parent Participation Program.

29563 Sun	Apr 11-Jun 20	11:15AM-12:00PM
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Esquimalt Recreation Centre \$130/10

Sportball Soccer (3-7yrs)

Develop skills and learn new techniques focusing on soccer and including other activities. Non-competitive programs promoting confidence, self esteem and teamwork for those kids looking for fun not competition. Cool jersey included.

3-5yrs

29555 Tue Apr 13-Jun 15 6:00PM-7:00PM
Bullen Park \$130/10

4-7yrs

30166 Thu Jul 8-Sep 2 6:00PM-7:00PM
Bullen Park \$146*/9

*Fee includes ball and jersey.



Music Together: The Joy of Family Music

Music Together is an internationally recognized early childhood music and movement program for children from birth to five and their parent/caregivers. Mixed-age classes provide developmentally appropriate and rich music experiences that support and respect the unique learning styles of young children - plus it's 45 minutes of pure FUN every week! \$135 for the first child includes Family Curriculum Materials of 2 CD's; Songbook, and Parent Resource DVD Guide for new families. Siblings are \$85. Siblings 9 months and under as of the first class of session attend free.

For program information, please call Music Together Victoria at 250-217-2477.
www.musictogethervictoria.com

Tambourine Song Collection

29615	Fri	Apr 23-Jun 25	9:00AM-9:45AM
29624	Fri	Apr 23-Jun 25	10:00AM-10:45AM
29619	Fri	Apr 23-Jun 25	11:00AM-11:45AM

Tambourine Song Collection

29616	Tue	Apr 20-Jun 22	9:15AM-10:00AM
29617	Tue	Apr 20-Jun 22	10:15AM-11:00AM

Esquimalt Recreation Centre \$135/10

Music Together art and logo design © 1992-2010 Music Together L.L.C.

Summer Classes:

Summer Songs II is a "best of Music Together" compilation - many songs will be new to you, while one or two may be old friends to returning Music Together families.

30251	Tue	Jul 13-Aug 17	9:15AM-10:15AM
30252	Tue	Jul 13-Aug 17	10:15AM-11:15AM
30248	Fri	Jul 16-Aug 20	9:00AM-9:45AM
30249	Fri	Jul 16-Aug 20	10:00AM-10:45AM
30250	Fri	Jul 16-Aug 20	11:00AM-11:45AM

Esquimalt Recreation Centre \$95/6

Creative PLAY

Children must be toilet trained before the first day of classes and must be 3 years of age by October 31, 2010 in order to register for Creative Play.

No Classes on Stat Holidays, or during Christmas & Spring Breaks

Creative Play (3-5yrs)

This recreation program runs from September to June, with an emphasis on learning through play. Activities include free play, process-oriented art, cooperative games, songs and stories. Your child will have the opportunity to explore, share ideas, and develop new friendships.

29364	Mon/Wed	Sep 8*-Jun 27	9:00AM-11:30AM
29381	Tue/Thu	Sep 9*-Jun 23	9:00AM-11:30AM

Esquimalt Recreation Centre \$68/month

*see open house schedule

Creative Play Kinderstart

This recreation program runs from September to June, with an emphasis on learning through play. Activities include free play, process-oriented art, cooperative games, songs and stories. Your child will have the opportunity to explore, share ideas, and develop new friendships. This program is for children entering Kindergarten next year.

29383	Tue/Thu	Sep 9*-Jun 23	12:15PM-2:30PM
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Esquimalt Recreation Centre \$68/month

*see open house schedule

Creative Play En Francais! (3-5yrs)

Extend your Creative Play week with this terrific Friday class. Your child will be introduced to the French language through songs, stories, and rhymes. The class will include free play, art activities, and circle time - with a focus on fun!

29384	Fri	Sep 10*-Jun 24	9:00AM-11:30AM
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Esquimalt Recreation Centre \$34/month
Instructor: Michele Turcotte

*see open house schedule

SEPTEMBER *Creative Play Open House

For children that are registered in any of the above, the first week of the program is a one hour open house with parents:

Mon/Wed class	Sep 8	9:30am-10:30am
Tue/Thu class	Sep 9	9:30am-10:30am
Kinderstart class	Sep 9	12:30pm-1:30pm
En Francais class	Sep 10	9:30am-10:30am

PLAYCARE CHILDMINDING



Fun for your child,
affordable for you.

Esquimalt Parks & Recreation is dedicated to providing quality childcare at a price you can afford. Only \$3.25 for 1 1/2 hours of care and additional children are only \$1.75 extra! Purchase a book of 10 for \$30 for the first child, just \$15 for the second. Parents/caregivers are required to remain in the building when children are in childminding.

Mon-Fri 8:50AM-1:00PM
Esquimalt Recreation Centre