

Lower Mainland Schedule

Community Area	Location	Session	Date	Time
Coquitlam	Dogwood Pavilion	Nutrition Seminar	Oct 7, 2010	9:30 – 11:00 AM
Coquitlam	Glen Pine Pavilion	Nutrition Seminar	Nov 23, 2010	9:30 – 11:00 AM
Coquitlam	Austin Station	Grocery Store Tour	Nov 30, 2010	3:00 – 4:00 PM
Port Moody	Kyle Recreation Centre	Nutrition Seminar	Sept 23, 2010	1:00 – 2:30 PM
Port Moody	Port Moody Recreation Complex	Nutrition Seminar	Nov 18, 2010	7:00 – 8:30 PM
Port Moody	Suter Brook	Grocery Store Tour	Nov 30, 2010	7:00 – 8:00 PM
South Surrey	South Surrey Recreation Centre	Nutrition Seminar	Nov 22, 2010	7:30 – 9:00 PM
South Surrey	South Surrey Recreation Centre	Nutrition Seminar	Nov 29, 2010	6:00 – 7:30 PM
South Surrey	Morgan Crossing	Grocery Store Tour	Nov 29, 2010	8:00 – 9:00 PM